



Sustainable Couture

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Nature is to nurture and by designing garments that bring us a step closer to the eco friendly and safe environment we contribute towards a sustainable planet and in turn mankind. The Slow Fashion movement is a unified representation of all the "sustainable", "eco", "green", and "ethical" fashion movements. In



order to add more couture value to my garment I have used the knotting technique that is inspired by the old "BANDHEEJ" (mechanical resist) technique from Jaipur Rajasthan, India. Wrapping plant seeds in little loops on the cotton fabric that is translucent and has visible wefts and warps makes the texture more interesting. I have used this knotting technique on my garment both in appliqué form as well as directly on the form. Implementing all the above points my final garment is made from cotton fabric, hand worked with natural and sustainable material that will help consumer know more about the garment. Using the seeds in the garment, owner can plant them in their

garments and start a new life, returning everything back to the environment where it came from. It will also reduce the energy consumption and pollution hazards that follow when a garment goes through a process of disposal.